

# LAMBDA

Vol. 47 No. 3 - The Official English Student Newspaper of Laurentian University Since 1961 - September 25th 2008

Before.....



....After

## Freezing for You!

Why are people being dunked? Find out on:

Page 8



## Club Days

Interested in joining a club? Need more information or a contact? Find out more on:

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Include your full name and student number. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist, for length, or legal purposes. Letters of a harassing or slanderous nature will be dealt with by the proper authorities.

# It is the Networking not the cheap drinks!



**Jason Miller**  
Editor-in-Chief  
2008/2009

Club days proved to be another success. All the Clubs got exposure to the Laurentian Community. I walked around to all the diverse clubs that Laurentian has to offer. There is every type of Club from religion affiliation to common interest. The bowling alley was filled with the different clubs, organizations, and society's around Laurentian. One of my main goals when becoming Editor and Chief for Lambda Newspaper was to give more exposure to the many different options available to students, to show them that University is what you make of it and joining an extra-curricular activity will not only make your time at Laurentian more enjoyable, but make Laurentian a better school. Read more on page 8 to get all the information about clubs around Laurentian. Then, get out and join a group, there is something for everyone!

Now once again I will stop myself from my ranting. I will direct my esteemed lambda readers to (most likely) a familiar place.... The Pub. Recently there has been a big change in management at the pub, however many rumors have circulated around campus and I feel that

I should clarify them. Firstly many students were wondering why the pub not been able to serve alcohol. This is because for the first year ever The Pub is now becoming entirely student ran. This transition forced the SGA to apply for a new liquor license. This license has not been delivered yet so the pub cannot start serving alcohol until it has arrived. However as you read my article the pub has now opened and started serving alcohol.

Since the Pub is now up and running and yesterday was the first pub night, I should direct my attention towards another issue. The Pub has not made a profit in at least 10 years and at best it has broken even. This shocks me, however after receiving information and thinking about student patterns I can understand. Now I am not suggesting that students attempt to go on binge drinking to help make the pub a profitable year. However think about how many other times you may go off campus for drinks, dancing, and other social events. Why not stay at the pub instead? The drink prices are a very reasonable. Therefore you will not have to spend as much money compared to other bars, and save money, which I am sure, is in the interest of every University Student.

Now to all the students who study world affairs and the

economy know that if you keep the money in the country the economy will be high, now transform that metaphor to the pub and Laurentian. The more occasions you decide to go to the pub instead of going to another bar, the more benefits you will see. If a profit was gained from the Pub then the money would be re-invested into the pub for improvements.

Lastly, the pub employs more students than most bars because they want to keep a very safe atmosphere, where it is relaxed. This separates the pub from many other bars. The relaxed atmosphere

creates a comfortable scene, which you can enjoy. Now with the SGA organizing the pub live entertainment, and theme night are giving a variety of different occasions to be enjoyed on campus. As stated earlier I am not suggesting binge or excessive drinking, but if you are going to go out why not the pub?

So go to the pub, network with Laurentian students, and have a good time! Also the cheap drinks are a positive. Until next time.

-Jason Miller



## Lambda.....



# It is just that Good!

The other day I was finished working out at the Ben Avery weightroom, trying to keep my healthy lifestyle going, then I passed this guy and he made me laugh. I was curious what my reaction should be, but then I thought that my literature makes you so warm and fuzzy inside that you have to sleep directly afterwards. (Or at least that is what I tell myself).

My second guess was that Lambda is so useful it could be used as reading material and a blanket.

Either way I thought this was worth a place in Lambda. Now I have a new slogan for the paper! However no hard feelings towards the guy in the picture, I would of woke you up, but you looked to comfortable.

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**Joe Zamojski**  
Assistant  
Editor  
2008/09

Hello! My name is Joe Zamojski and I am the new Assistant Editor of Lambda! Of course, that is not the flashiest or most creative opening which I could have thought of, but I am a meat and potato type of guy. More to know is that I am a third year undergraduate student at Laurentian University in the concurrent sport and physical education program. That is right. I am in Phys. Ed. and chose to tackle the world of writing.

Many of you are probably asking yourselves right now what on earth were you thinking to be assistant editor. It was only one month ago that I found myself pondering the same question. I began to think of what skills or attributes I could bring to Lambda to make it the best newspaper possible or more realistically what I can bring that is unique and one of a kind. This led me to the question, "What can Lambda do for me?" And as

selfish as that can sound, that is when I began to understand how could help out not only Lambda or myself but as well all of the other students at Laurentian.

See, writing for Lambda takes me out of my element. It forces me to roll up my sleeves and begin to evolve into a person who is more well rounded and more suitable for any future endeavors. After all, no matter how cliché it sounds, life is about taking risks. There are so many uncertainties in life. I was not sure three years ago if Laurentian would be the best school for me but I packed my bags and moved up north anyway. It was a risk but also not really since I kept my mind open to discover and accept new things that could benefit my life.

To me, education is a tool used to help mold people into members who can benefit society. However, there are so many ways to create a positive mark in society that the classroom cannot teach you everything you need to know. Most of your learning at University is going to come outside of the classroom. I spent so much of my first year afraid to try things or do something that

was not my usual lazy self. Well, using the advice from Ms. Frizzle of the Magic School Bus, "Take chances, make mistakes, get messy!"

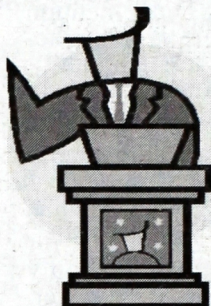
Through Lambda, I can spread the word on all the other activities and experiences Laurentian has to offer. Whether it is getting a job at Laurentian, joining a club, going to the gym or even the local pub; there are so many things to do at LU that will not only help you grow and become a more accomplished member of society but also make Laurentian better to. So get out of your comfort zone in order to be more comfortable. I am not saying change who you are but open up and get the entire best out of yourself. Just because you have never done something does not mean you cannot try it. I decided that I would play in the Rez League Ice Hockey this year even though I have never played hockey in my life. But its all about learning. Go out and have some fun. Make Laurentian one of the best times of your life while having respect for yourself and others and all the other important lessons will fall into place.



## NOTICE OF BI-ELECTION OCT 8th 2008

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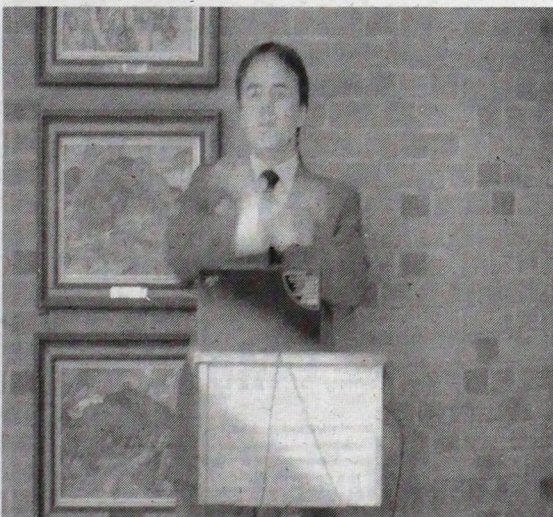
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DEADLINE FOR SUBMISSION IS  
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OCTOBER 8th at 4pm, 2008

# Jim Stanford Talks To Laurentian University

**Joe Zamojski**  
Assistant Editor

On Thursday, September 18, members of the Laurentian community made their way to the Brenda Wallace Reading Room of the J.N. Desmarais Library for a seminar by



**Economist Jim Stanford talks to LU students in the Brenda Wallace reading room on September 18th.**

economist Jim Stanford. The presentation ran from 4:00 p.m. to 5:30 p.m. and focused on The Dangers of Canada's Resource Dependence: Commodities, the Loonie, and Deindustrialization. Mr. Stanford has high credibility and expertise in the field of economics. He is an economist in the research department for the Canadian

Autoworkers Union (CAW) and Globe and Mail columnist. He received his PhD in economics in 1995 from the New School for Social Research in New York. He also holds economics degrees from Cambridge University in the U.K. (1986) and the University of Calgary

(1984). Furthermore, Mr. Stanford is the author of Paper Boom and co-editor, with Leah F. Vosko, of Challenging the Market: The Struggle to Regulate Work and Income.

Mr. Stanford believes that a high Canadian dollar has hurt our trade balance with other countries. Since our dollar has risen, the products we sell have become more expensive for other countries, thus we have not gained money in the rise, but lost sales. He feels that we could lower the loonie to a healthy amount (about \$0.80 US) by cutting interest rates and changing monetary policy direction. As well, managing and slowing down the resource boom and the number of foreign takeovers of Canadian companies would also help in lowering the high dollar.

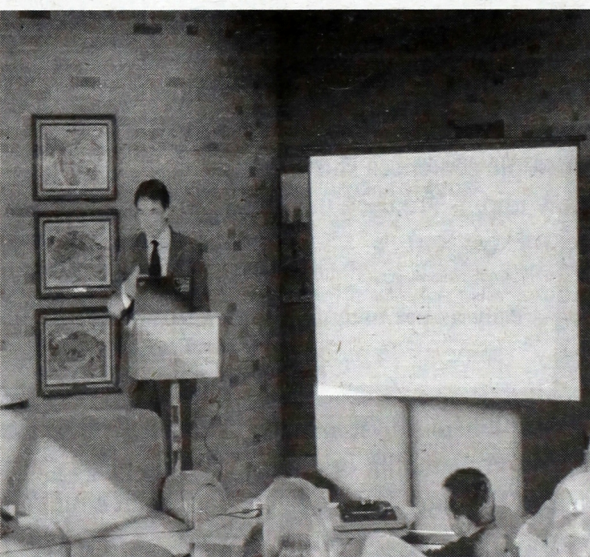
Secondly, Mr. Stanford believes that Canada faces negative consequences because of its structural economic regression. These

include an erosion of all non-resource tradable industries and a vulnerability on relying so heavily on resources.

Mr. Stanford concluded the seminar with his beliefs that Canada should use the wealth made by resources more carefully.

Canada should slow down the resource boom and allow the resource trade to proactively foster other high-value tradable industries and not hinder them.

Mr. Stanford's allowed for some questions towards the



Joe Zamojski

**Economist Jim Stanford explaining how the Canadian dollar has hurt our trade**

end of the seminar and was open about some of the current issues affecting the economy including the chaotic stock market. Mr. Stanford's column on economics appears every other Monday in the Globe and Mail.



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## Dude, Where's My Zenn Car?

**Ben Istiphan**  
Lambda Contributor

One evening during this past summer, I was driving around the town in my not so eco-friendly vehicle when all of a sudden the radio grabbed my attention. It was Barry Taylor from 102.1 the Edge, who happened to introduce me to the Zenn Car that night. The Zenn is a zero-emission, no-noise vehicle, which requires no gasoline. According to the company's official website, it will cost consumers up to ten times less to drive an electric vehicle as opposed to an internal combustion engine that we are so accustomed to.

Now I know what you're thinking.... what does an eco-friendly vehicle have to do with new rock music?

Very little in fact. Taylor decided to utilize his radio time in order to introduce his viewers not only to a vehicle which has the potential of revolutionizing the automotive industry, but also to a vehicle that is not available to the people of Ontario. That's right, you can't have it, and this is precisely why Barry Taylor is making his voice heard. Not only is the Zenn available in Quebec and BC, but it is also available in the United States. Did I mention that the vehicle is manufactured in Canada? An opportunity to show ones patriotism by purchasing a Canadian vehicle is lost.

I guess it's important to note once again that this is an electric car, meaning that it is specifically designed for urban core areas for only short distances. However,

don't expect to be waiting at the gas station line because it's as easy as charging your cell phone. To me this is a no brainier, especially when studies show that driving a Zenn will reduce CO2 emissions by 6 tons in one year as opposed to driving a small size vehicle run on gasoline. Question is, who is preventing the Zenn from inhabiting the roads of Ontario? My guess is the lobbyist groups representing the petroleum and automobile industries, but again, I blame them for everything.

It may be more complicated than that, but as of now the onus is on Ontario's Minister of Transportation, Jim Bradley. For weeks, Taylor has attempted to contact the Transportation Minister, while recommending his viewers to do the

same. With little reply to the numerous emails and phone calls, Taylor decided to visit the Ministry of Transportation building one afternoon in order to meet Bradley in person. Unfortunately, he had to settle for the Ministry's Press Secretary, who appeared for only a few minutes with a formal statement on behalf of the Transportation Minister.

Now even I will admit that the Minister made some viable arguments. Apparently the Zenn has not met all the safety requirements under the provinces transportation laws. I will also acknowledge that as a slow moving vehicle, it may take time for other drivers to adapt to the idea of driving alongside a Zenn. This is no doubt an issue regarding public safety, although this would not be a major concern if drivers actually obeyed the speeding limit. What frustrated me the most about this whole

episode is that the Press Secretary immediately departed after issuing the statement without addressing any questions that Taylor was prepared to ask afterwards. Just see it for yourself on youtube. I can just imagine the advice that Bradley gave to the Press Secretary beforehand: "Get the hell out of there before he mentions Quebec and BC".

If only we Ontarians had the same skillfulness and prudence as the drivers of Quebec hold, then maybe we would have the privilege of driving a Zenn as well. Regardless of what our government says, is that really going to stop us? It wouldn't be the first time that we disobeyed prohibition laws that are supposedly for the sake of "Public Safety". As long as there is a demand there will be a supply. The Zenn Car: now available in Ontario at your local black market dealership.

## Sean's English Idioms

**Sean Thomas**  
Lambda Contributor

Idioms give a language flavor and aroma. It adds zest and excitement to the language.

The idioms and expressions below are some of the most common in English. The example sentences show how idioms are used in context. Have fun!

1. as easy as pie means "very easy" (same as "a piece of cake")

Example: He said it is a difficult problem, but I don't agree. It seems as easy as pie to me!

2. be sick and tired of means "I hate" (also "can't stand")  
Example: I'm sick and tired

of doing nothing but work.  
Let's go out tonight and have fun.

imageimage3. bend over backwards means "try very hard" (maybe too much!)  
Example: He bent over backwards to please his new wife, but she never seemed satisfied.

4. bite off more than one can chew means "take responsibility for more than one can manage"  
Example: Ed is so far behind in his studies. Besides classes, he plays sports and works at a part-time job. It seems he has bitten off more than he can chew.

5. broke means "to have no money"

Example: I have to borrow some money from my Dad. Right now, I'm broke.

6. Cut it out! means "stop doing something bad"  
Example: That noise is really annoying. Cut it out!

7. drop someone a line

means "send a letter or email to someone"

Example: It was good to meet you and I hope we can see each other again. Drop me a line when you have time.

8. figure something out means "come to understand a problem"  
Example: I don't understand how to do this problem. Take

a look at it. Maybe you can figure it out.

9. fill in for someone means "do their work while they are away"  
Example: While I was away from the store, my brother filled in for me.

10. in ages means "for a very long time"  
Example: Have you seen

## Lambda needs YOU!

Lambda wouldn't be possible without submissions from students just like you. Volunteer writers and photographers help to make the newspaper the best it can possibly be, and it's a great way to get involved and share your thoughts with your peers. We encourage all students to send in articles, opinion pieces, photos, creative writing, or anything else that you think is relevant to the students at Laurentian.

If you need help or advice, feel free to drop by the Lambda office on the 3rd floor of the student centre - look for SCE-301.

In early September, Lambda also hires a small editing staff that work to make the paper the best it can be. For more information or to hand in a resume, please visit the Lambda table at Clubs Day on the main floor of A Building.

Writing for Lambda is a great way to expand your portfolio, as well as a great way to get your voice heard!

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## U.S. election will affect Canadians

NAFTA changes to alter Ontario, poor U.S. economy to hit Sask. hard, analyst predicts

By Wendy Gillis  
CUP Central Bureau Chief

Public policy expert Daniel Béland is not quite sure how the adage goes. Is it: 'When the United States of America sneezes, Canada catches a cold,' or the other way around? Either way, neither country is living in a political vacuum. As such, Canada will undoubtedly be affected by the outcome of the U.S. presidential election in November.

That is why the Montreal native – and current contender for a Canada Research Chair position – was at the University of Saskatchewan last Thursday with his presentation "Beyond Bush: The policy implications of the 2008 presidential election."

"We watch American television, we visit there, sometimes we have relatives there; changes south of the border can have influence in Canada in terms of how people see the world, and many of the trends that begin in the States head up to Canada," said Béland, who spoke to a crowd of over 100 politically-inclined students, faculty, and community members.

Béland has studied in France, the United States, and Canada to obtain his PhD in political sociology. Now he shares his knowledge about the American political system and, more importantly, about what the Obama-McCain face-off means for Canada – no matter who wins our own federal election.

One of the most obvious topics in this discussion, he says, is the North American Free Trade Agreement – the trade block between the U.S., Canada, and Mexico in place since 1994.

While McCain has indicated no desire to touch NAFTA if elected, Obama has stated he will re-open it for discussion in the name of improving industries in states hit hard by unemployment, such as Ohio and Pennsylvania.

But re-opening the Trade Agreement is not necessarily bad news for Canada. In fact, it's what 52 per cent of Canadians want, according to a recent Angus-Reid poll.

Free trade topics concerning Canadians include labour rights, the environment, and improved dispute resolution. In provinces like Ontario, there is hope a renegotiated NAFTA could re-invigorate declining industries.

That is a possibility, but there are complex factors

affecting industry, and

NAFTA can not necessarily fix everything, says Béland.

"It's dangerous to say that NAFTA will control all of the economic problems in industrial places like Ontario," he said.

And although Béland says Obama's tone towards NAFTA in the last six months has become more conciliatory – structured on discussion and partnership – the U.S. is still an economic super power.

"We can't forget that this is a very powerful country, [and] that bargaining with the U.S. is tough," he said. "Opening NAFTA is always risky."

But Canadians need to think beyond NAFTA when considering the effect of the election, Béland says, and consider the political relations between the two countries.

"What about war and peace? I mean, look at what happened with the Bush presidency in Iraq," he said. "If you look at the rhetoric of the two candidates, you can see that McCain has a much bolder approach . . . he seems like someone who is more prone to use violence."

Obama's take on foreign policy, on the other hand, is one with which many Canadians associate. While McCain has a more unilateral approach, Obama's multilateralism falls closer in line with typical Canadian ideals.

Also, a Democratic victory in the U.S., or what Béland calls a "blue shift," would likely inspire a green shift up north.

"It will be a pressure on the Conservatives, even if they are elected into a majority government, to do something about the environment," he said.

A Democratic win would also equate a greater separation of religion and politics – something Canadians, as a whole, tend to support.

Of course, as with most issues in Canada, regionalism is a factor. So while Quebec might lead the country in supporting the exclusion of religion from politics, many Albertans might support a party led by religious, social conservatives.

Further to that, whoever wins in the U.S. will affect different provinces in unique ways.

While the poor state of the American economy will inevitably affect all of Canada, Béland says Saskatchewan – a province that relies on trade more than most others – will be among the worst hit.

So with all of the various permutations and combinations resulting from both countries being in the midst of federal elections, there are multiple potential consequences and zero guarantees, he says.

That is, except, according to that old adage, possibly one: it seems we're all going to end up sick.

## Politicians, experts cast critical eye on polls

Probe Research president breaks down the science behind political polling

By Toban Dyck  
The Uniter (University of Winnipeg)

With the election in full swing, polls have entered the airwaves and coffee shops – but what do they really tell us?

"Polls are snapshots. They tell you what opinion was, in a moderately accurate way, at a given time," said Ken Gibbons, politics professor at the University of Winnipeg. In order for poll results to accurately represent the population, polling companies will first take what is called a sample, which is a randomly selected group of people, representing the many different elements of society: age, gender, ethnicity, income, region, and the many different career and professional groups.

According to Scott MacKay, president of Probe Research, often the sample size for national elections is anywhere between 1,000 to 2,000 people.

While fair and representative sampling is the ideal for accurate polling, it has not always been possible.

MacKay spoke of a time when telephones were too expensive for everyone to own – they still are – and this limited poll results to represent only those households that could afford a telephone.

Also, before computers were able to randomly generate phone numbers, many wealthy people were excluded from polls, as their phone numbers are often unlisted. These exclusions are what Gibbons calls sample bias.

Sample bias still exists with current polling methods. Not everyone has a telephone.

Boasting the ability to capture the opinion of a nation, polls are often used by politicians during an election.

Anita Neville, Liberal MP for Winnipeg South Centre, uses polls, but views them skeptically.

"Last election, the polls had me in a dead heat with the Conservative candidate. In fact, I was ahead, but the pollster factored in some things that placed us in a tie," said Neville.

According to Gibbons, political parties will often conduct their own internal polling. They do this because during an election, political parties really need to know where they stand.

Generally, politicians know there is an error margin in polls and that national polls do not accurately reflect the opinions of a province or of a constituency.

With an electorate of 20 million people and a sample size of 1,000 people in a national poll (which is common), MacKay thought Manitoba would receive around 30 interviews, which is not enough to properly represent the diverse opinions of the province.

"The typical error margin for 1,000 to 2,000 sample is two-and-a-half to three per cent," said Gibbons.

For example, this means that if party A has 37 per cent of Canadians' support and Party B has 39 per cent, there is a chance that party A could be ahead with about 40 per cent with party B trailing with about 36 per cent.

It is not law for polling companies to make public their sample size and error margin, but according to MacKay, it is an industry expectation.

"For people to have confidence in the poll, they should have a sense of the sample size and error margin," said Gibbons.

For the next few weeks, Canada will be inundated with the results of polls of various flavors.

From: "Who do you see as Canada's next Prime minister?" to: "What is more important, the economy or abortion?" the numbers will show where Canada stands.

"There are more polls than there ever have been," said MacKay. "Maybe there are too many."

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## Concordia University bans Facebook

Administration cites security as reason for filter

Shanthi Benjamin  
The Concordian  
(Concordia University)

Concordia University in Montreal blocked Facebook from all campus desktop computers on Sept. 1 – a move that's left some students and professors outraged and confused.

"I was surprised to learn about the ban – and yes, I learned about it while trying to log onto Facebook in my office," said assistant professor, Lisa Lynch.

"Most universities have either embraced or at least grudgingly accepted Facebook," she added. "In fact, the University of Maryland recently established an emergency alert system using Facebook as means of communicating [with] their students. Concordia's ban on Facebook thus seems out of touch with general trends in universities as a whole."

According to Chris Mota, a Concordia spokesperson, security concerns were the driving force behind the move.

"There were real concerns about having certain elements of Facebook corrupt our [Information Technology] system. Apparently it was deemed insecure and a decision was made to protect the system," said Mota.

Elias Makos, Concordia's technical director for journalism, disagrees. For him, concerns about network cost are much more likely factors.

"The official reason [for blocking Facebook] is complete bullshit. It makes no sense," he said. "Quite frankly the reason they probably banned it is because it is hogging up bandwidth."

"I think it sucks. I think it's stupid . . . anyone with half a brain can easily circumvent it and get to Facebook anyway. All of these websites are out there, just to go around filters. And there's even other ways to get around filters. Filters do not work. They never have," he said. "Kids are smarter than this."

"If an 11 year-old can get around a filter, what do you think a university student can do?" he added.

However other social net-

working sites, such as MySpace and Bebo, which pose greater threat levels in terms of "spam, viruses and leaks of confidential information," are still allowed access.

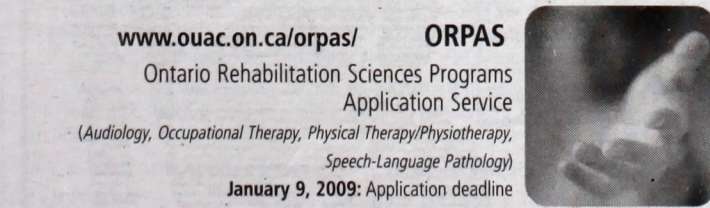
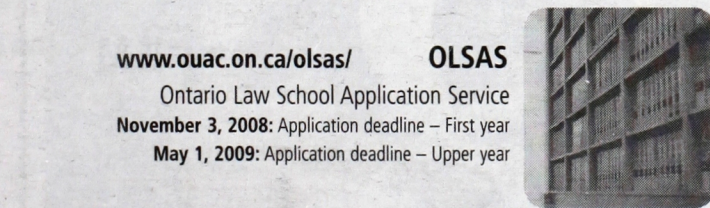
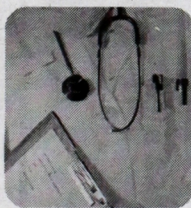
Still, at least one Concordia student agrees with the university's policy.

"This ban will not affect me. Actually, I take that back. I'm overjoyed," said Roxane Hudon, a political science student.

"If most Concordia students want to spend their time on Facebook, checking which one of their friends is 'really tired' or 'working' or 'had a crazy time last night,' then maybe they should just stay home and watch repeats of Gossip Girl instead – it might teach them more about life." But for many students, Facebook isn't just used as a social network.

Sarah Deshaies, a first-year student, says Facebook has become a standard tool for information gathering.

"You can even see when you watch TV and someone has died and the coverage shows pictures from Facebook or the messages from friends and family on their wall."





# Small is Big - Nanotechnology



**Mustafa  
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Science &  
Tech Editor

A word with six syllables dealing with objects on the atomic scale-or so I'm told. If you're like me, then you'll have heard the term before, but don't really know what it means. I heard the term in the news several days ago and said to myself, I said, "Mustafa, why don't you take a chance and step out of your usual clever, witty and quite frankly, random articles and write about nanotechnology?" "Good idea", I replied. Specifically, the role nanotechnology plays on our health and environment seemed like a pertinent topic in today's "green shift" society.

First, let me explain what nanotechnology actually is. Any student taking a science course will be able to tell you that nano is not a doting phrase for ones grandparents, but rather a word used to describe objects or numbers on the scale of 10<sup>-9</sup>. Objects at this scale cannot exactly be observed with the naked eye. In fact, trillions of nanoparticles would have to be stuck together just to be seen without advanced microscopy. To put the size into perspective further, scientists can now create nanoparticles of silver, gold, carbon and even bamboo. These particles are up to 100 times smaller than a virus, or roughly 80,000 times smaller than a single human hair. Think of the smallest thing you know of. Now think smaller. What you have in your mind is huge compared to a nanoparticle.

Evidently, objects of this size have many applications -

some better than others. A handful of the areas that are being intensely researched at the moment include applications in medicine, computer science, robotics, and even, yes - stain-repellant khakis.

For example, with regards to medicine and health-related applications, nanotechnology was used just last year to navigate a tiny bead through the arterial system of a pig. The researchers in Montreal guided the 1.5 mm bead at a speed of 10 cm/sec through the pig's arteries by use of a magnetic resonance imaging (MRI) machine. Such a bead is, regrettably still not small enough to be of any practical use - yet. In the near future, tiny, controllable objects such as this will be used to deliver treatments to cancer tumours, blood clots, and even provide a better ability for medical diagnoses. Another interesting medical application has to do with mimicking the lizard-like creature: the gecko. Gecko's can climb all types of surfaces - vertical walls to upside-down ceilings, even glass. It all has to do with small hair-like structures on the surface of their feet (think of the first Spiderman movie - when Peter Parker first learns to climb the wall). Basically, the same technique has been used by researchers to create columns of hundreds of these hair-like structures. Each 'hair' is 100 times thinner than a human hair. Bandages like these are the future for healing organs and surgical tears, maybe even reducing surgery healing times.

Within the field of computer science, IBM has devised a technique to make tiny holes in microprocessors. These 'holes' are on the scale of nanometers, and actually

serve to increase the efficiency and the speed of the microprocessors. In a world which is looking for the next smaller thing, nanotechnology will help fill that need.

Imagine a robot playing a game of 'nanogalactic soccer' in an area no bigger than the period at the end of this sentence. When it scores, it does a happy dance to "I will survive!" Students conducting research at Waterloo University have indeed designed a robot to do just that, and plan to have that robot compete in the RoboCup Nanogram soccer competition next July, in Australia. Measuring 300 microns by 300 microns, their robot will be the width of two human hairs! Such a robot will have applications in the world of soccer, and could even pass through ones body with minimal disturbance.

Some reports of uses for nanotechnology in the future include having it completely incorporated into the products we buy and objects we use in our daily lives. Comparable in a way to how computers network with another right now, soon objects will actually be networking with one another. Think how easy (or a gross invasion of privacy) it would be to just put your clothes in the wash, and your washing machine would know exactly what you have put in and how to wash those clothes perfectly. Or you pull up to a gas station and a small microchip inside your car sends a signal to the pump 'telling' it what type of fuel to use.

So yes, nanotechnology can provide amazing possibilities in the world of medicine, and really, science in general.

Really, it's about being able to control atoms! However, recent reports suggest that there could be a serious health risk for the effects of nanotechnology. For starters, the technology itself is very new and hasn't been thoroughly tested. Further, as mentioned before, the applications are endless! Even if it was shown to be safe in one scenario, it might not be so when bonded or put to work in another scenario. Currently, scratch-resistant paint and even golf balls (to improve distance) make use of nanotechnology. What I'm wondering is this: is it all worth it?

A short time ago, the applications of nanotechnology were extended to clothing. One company weaves atoms such as silver to the very fabric of clothing, which eliminates the odour. The silver atoms actually prevent the growth of bacteria and keep the fabric smelling and looking fresh. However, as Professor Kevin Robbie of Queen's University points out - the effects of nanotechnology are as yet, still unknown. "In a sense it's a big experiment. We are putting products onto the marketplace and using them and we don't know what their impact will be. We do not know what impact that will have," Robbie said. "We know it is toxic to a lot of systems, but we don't know what will happen with a wide dispersal of nano silver." Once clothing like these are washed (in that cool, com-

municating washing machine, for example), the waste water will be released into the environment. That, quite frankly, opens up a whole new can of worms. The nano particles could effect everything from fish eggs to blue whales.

The health concerns actually originate from the sheer size of the objects we are dealing with. Nanoparticles are so small that not only can they penetrate our skin, but individual cells! Now, I'm no doctor, but it seems that having a sudden influx of silver atoms from a fresh smelling shirt into my body's cells seems kinda dangerous. Ferrous poisoning anyone?

Bottom line is that this is still a new technology which requires much more research - on a long term scale. There are many uses for this technology, but at what price? Is it worth having a small robot remove a clot from your artery if the water you drink can't be made safe to drink? That's an ethical issue worth pondering on. In the meantime, products which have nanotechnology must be clearly labeled, so that whoever does choose to buy them should know that they are potentially putting themselves, their families and the environment at risk (which includes pretty much everything else we do on a daily basis). But still. It gets your nanoparticles thinking.

(comments? Mx abdulhusein@laurentian.ca)

## Attention

Laurentian University's Midwifery Education Program will hold an information session on Saturday, November 8th, 2008 from 11:00 am -1:00 pm in room 105, in the Health Sciences Education Resource Centre.

Come discover the midwifery profession; find out about the admissions process and talk to students and midwives. For more information, please call 675-4822.

## The Pub Downunder

Events going on at the Pub:

Sept 25 we are doing a POKER night  
SEPT 26th is going to be a Karaoke Night  
Oct 16th a thirsty Thursday w/ Mandippal Jandu & someone else TBA

Wednesday 11:30am to 2am  
Thursday 11:30am to 2am  
Friday 11:30am to 2am  
Saturday 9pm to 2am



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Athabasca University





Jacqueline Miller  
Arts & Entertainment Editor

Hi! I'm the new Arts and Entertainment editor, here to keep you informed of all the great events that are happening around campus. My name is Jackie Miller, though many people in residence know me as Jackie Chan- yes, I'm actually serious about that. It's my second year at LU and my first year with Lambda. I'm involved in the French and Theatre programs here, so expect to hear a lot about all of the amazing shows that Thorneloe is going to be putting on throughout the year.

I'll also keep you updated about many other events on and off campus. I hope some of you were able to get out to see Cinéfest, which ran from September 13th to the 21st. I didn't have a chance to make it out to any of the films, but I only heard good things about them! If you hear of an event that you think should be covered, send me an email at [jx4\\_miller@laurentian.ca](mailto:jx4_miller@laurentian.ca) and let me know, I'll do my best to get out there. Right now I'm doing my best to get through second year, and trying to become a little more involved in the university community now that I know what's going on. Club days, anyone? It's amazing how many different clubs can be found on campus, and I have to say that I couldn't resist joining a few of them

after talking to people involved with them. I wish that I had been more involved last year and I encourage you all to do the same. You will probably see me around campus promoting a group called International Student Volunteers a lot this year. I traveled with them this summer to Australia and Fiji, and it was one of the best experiences of my life. There is going to be an information meeting on September 26th from 12-2 in the Commons Room just outside the Great Hall, so feel free to stop by at any time and find out some more about the program. If you can't make it to the meeting, feel free to email me at and I'll be happy to discuss it with you. Some amazing upcoming events: On October

16th, Mandippal Jandu is going to be performing at the Pub Downunder as part of Thirsty Thursdays. You can check out his music on MySpace if you want to get a sneak peek before the performance. You can get tickets from the SGA office or at the door. I recommend getting them ahead of time, as the first Thirsty Thursday went very well and I can only see them getting better. November 7th is LUL's Got Talent- I'll keep you guys updated on that as it gets closer. On November 20th Sue Johanson returns to the Pub to talk to us about - what else? - Sex. Romeo and Juliet will be opening on November 20th at Thorneloe Theatre on the main stage, and will be running until November 29th, so there is plenty of time to go

and see what is possibly Shakespeare's most well-known and most sexual play. Don't forget to check out events going on in town, such as Oktoberfest, which is happening from September 26th to October 5th at the Laughing Buddha, Townehouse and Sportsbury, and check out a double feature of The Beatles Night at the Townehouse on September 26th and 27th. At the Sudbury Theatre Centre, Molière's "The Miser" is being performed from September 25th to October 11th, and David French's "Salt Water Moon" is on stage from October 30th to November 9th - an excellent chance to check out a Canadian playwright's work.

# There's a buzz around the Pub

... Even if it's not of the alcoholic variety

Jacqueline Miller  
Arts and Entertainment Editor

The evening starts off with Pat Robitaille doing a last minute sound check on stage, and apologizing to the audience for the late start. "I'm always late," he announces to a few chuckles, before he welcomes David Cavan Fraser to the stage to start off the

this small venue. Both of them were talking to fans about previous and upcoming shows and when the last time they had seen each other was. It was easy to see how much they appreciate their fans, who often follow them to other venues in nearby towns, and are always quick to offer up a familiar song if asked for requests - and even help out with lyrics on occasion. Cavan Fraser opened the show with his song "Nova Scotia" which is

one of his favourites to play because it appeals to so many people and is one that allows for a lot of audience participation as the second line is simply the first one reversed. As you hear him play, it's hard to imagine that he only started playing music full time last November. A resident of Petrolia, a small town about an hour and a half outside of Windsor, he graduated from the University of Windsor with a degree in math and physics, and spent a year working as a substitute teacher before trading in the classroom for the stage. He only took a few music classes in university, though it was in high school that he first started song titles are being thrown across the room from all directions. Robitaille runs into a bit of difficulty with one request as he forgot the words to the bridge, but the audience quickly jumped in and sang along. He jokes around with the audience and Ryan, his tech guy. Not for the

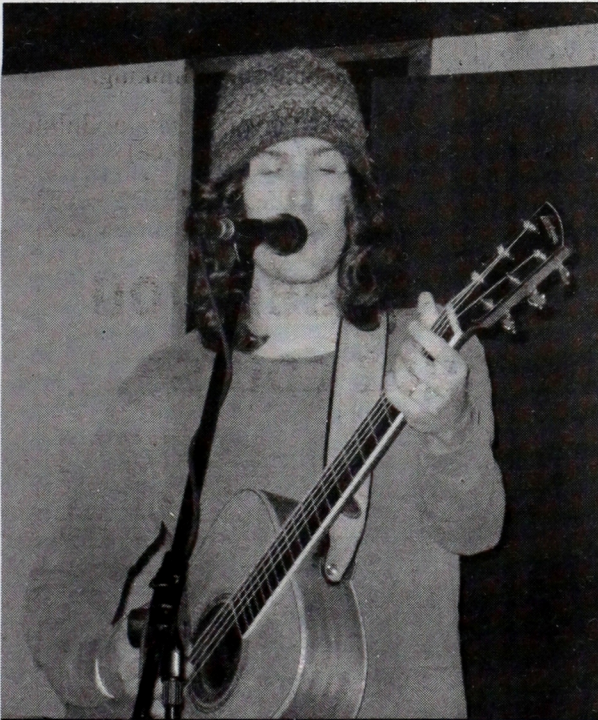
first time does someone point out it is unfortunate that the pub isn't serving alcohol. "Ryan survives on gin... he's like a car, you just have to keep filling him up," Robitaille jokes before asking Ryan how he is surviving the night, and thanking him for living in a van for a month while they tour Ontario. Robitaille, originally from Windsor, is on a month-long tour of Ontario that will end mid-way through October. He's been touring for the past four years and has opened for a variety of bands such as The Beach Boys and the Sam Roberts Band, who have come to be friends over the years. "It's great to be able to perform with people who see you as their equals," Robitaille says. He's also opened for O-Town and Aaron Carter which were "fun, but not really my scene. Those were some of the weirder gigs I've done." Robitaille originally performed in Sudbury as part of a gig for Molson and has continued to return because he enjoyed it so much. His performance at the Pub was actually his second one in Sudbury that week, as he had been at the Townehouse on Tuesday night. He has a new CD out, Two Forty Eight, which he has been promoting at recent shows. As an independent musician, he says, "It's great not having to rely on someone else to get things done, but at the same time it's a lot



Jacqueline Miller

David Cavan Fraser sings at the Pub

more work. It's easier to tour though, and with the Internet it's become much easier for independents to get their music out to people." Speaking of which, his music will soon be available on iTunes, so keep your eyes open for it. As the night wound down to a close, the audience mingled with Cavan Fraser and Robitaille, many purchasing some of the CDs and other merchandise that was available, and enquiring as to when they would be back in town again. It seemed as though everyone who came out had a great time and that Thirsty Thursdays will continue to be a success.



Jacqueline Miller

Pat Robitaille sings at the very first Thirsty Thursdays

night. The doors opened nearly an hour late, and the pub still couldn't serve alcohol, but there was a sense of excitement in the air. The crowd was smaller, around 90 people, but it provided the evening with a feel similar to that of a coffee shop concert, very cozy and intimate. Though both Cavan Fraser and Robitaille are independent musicians, doing all of their own promotions and producing their own CDs, they each have a very loyal fan base, which was evident even at

first night. The doors opened nearly an hour late, and the pub still couldn't serve alcohol, but there was a sense of excitement in the air. The crowd was smaller, around 90 people, but it provided the evening with a feel similar to that of a coffee shop concert, very cozy and intimate. Though both Cavan Fraser and Robitaille are independent musicians, doing all of their own promotions and producing their own CDs, they each have a very loyal fan base, which was evident even at

## David Cavan Fraser

Age: 24  
Height: 6'  
Hair: Brown  
Eyes: Grey-green  
Likes: Bottled water and long walks on the beach  
<http://www.myspace.com/cavanband>  
<http://www.davidcavanfraser.com/>  
All emails go straight to David and he will do his best to reply to them. CDs are available at shows and will soon be available online as well- look for Forecast, which came out last year, and a new CD coming out soon

## Pat Robitaille

Age: 22  
Height: 6'  
Hair: Brown  
Eyes: Blue  
Describes himself as: Scrawny, annoying and frustrating  
<http://www.myspace.com/patrobittaille>  
CDS can be ordered through the website and songs will be available through iTunes in the coming months, and of course they are available at all the shows- look for his self-titled record, Summer of Love, and his newest CD, Two Forty Eight.

started his music career, rewriting Adam Sandler's "The song titles are being thrown across the room from all directions. Robitaille runs into a bit of difficulty with one request as he forgot the words to the bridge, but the audience quickly jumped in and sang along. He jokes around with the audience and Ryan, his tech guy. Not for the



Jacqueline Miller

Jenna Maisonneuve hold harmonica while David Cavan Fraser plays guitar



# FREEZE FOR FEES

Members of the SGA council volunteered to be dunked into freezing cold water to protest against the constant rise in tuition fees. If students knew why they were volunteering to be dunked then they received 3 shots at the target.

After covering the days events for a few hours I realized how students were not only very passionate about how expensive fees are becoming, but how Laurentian should invest in a baseball team.



Jason Miller

Amanda Ree was the first SGA volunteer to sit on the platform of the dunk tank.



Jason Miller

Ashley Strange sits on the platform of the dunk tank patiently waiting for the inevitable.



Jason Miller

Kayla Turpin sits on the platform on the dunk tank. She was one of the SGA council members who volunteered for the Freeze for Fees event.

## Young and Sexy - The Arc

### Press Release

Canada's Young and Sexy is a different sort of band with a different sort of sound. Not only do they sound unlike American bands on the horizon...but they also don't have very much in common with other Canadian bands that we have heard over the past few years. Ten years into their career the band releases their fourth full-length album...and it is a direct hit. Not a hit in terms of

"Full of sophisticated arrangements, heart-breakingly felt and delivered vocals and tricky, memorable melodies, their albums have been like a dream come true to fans of 80's pop groups like the Go-Betweens and Prefab Sprout." - [www.allmusic.com](http://www.allmusic.com)

commercial appeal and potential to sell...but a hit in terms of artistic success. The Arc is a beautiful and unique album that spotlights this group's multifaceted approach to music. Don't be surprised if you don't

"get it" when you first spin this CD. This music takes some time to settle in your subconsciousness and make an impression. Our initial response to The Arc was positive...but ten spins later we realized that we loved it. The band consists of Paul Pittman (vocals, guitar), Lucy Brain (vocals), Andre Legace (guitar), Alex Brain (drums), and Brent McDonald (bass). These folks write songs that seamlessly combine twenty-first century pop with ideas and sounds from progressive and psychedelic bands from the 1970s. Imagine a world where subtle psychedelia meets smart progressive pop...and you may begin to have some idea of where these folks are coming from. This album is an absolute delight from start to finish. Cool unpredictable tracks include "Saucerful of Fire," "Young & Sexy vs. The Arc" (a particularly intriguing cut), "The Shadow," and "Up in the Rafters."

**Young and Sexy will be at the Townhouse on September 30th, 2008**

## Have You Ever Thought About Law School?

**Jessica Seguin  
Office Coordinator  
Students' General Association**

Did you know that students from all disciplines have the ability to attend Law School? Yes, one does not need to be in a Law and Justice undergrad program to pursue a career in Law. Broaden your horizons, there's a new sheriff on campus who can fill you in about YOUR future law school opportunities.

Something exciting has taken place on campus; the Law and Justice Program now has a student representative body that is geared towards improving the social and academic environment of the Laurentian Community—LAWLU (Law at Laurentian). The name just rolls off the tip of your tongue doesn't it?

The purpose of LAWLU is to

encourage students to participate in school and community activities that promote the benefits of the Law and Justice Program offered at Laurentian University in both official languages. Additionally, LAWLU creates awareness of legal issues that students may face while attaining a post-secondary school education. Also, through the events that LAWLU intends to organize, student will have various opportunities to familiarize themselves with the law school application process and the law school admission test.

This new group is geared towards all students on campus. Why, might you ask? **BECAUSE LAW AFFECTS EVERY ONE.** Know your rights as a student, find new exciting post grad avenues to pursue and foremost, meet new friends and enjoy your time spent at Laurentian University. LAWLU wants to hear from you. E-mail us at [lawlusters@hotmail.com](mailto:lawlusters@hotmail.com)

### MILLER TIME

Every Friday from 4pm to 6pm on CKLU 96.7



FM

Tune In!



**OPT OUT DEADLINE FOR THE STUDENT HEALTH PLAN AND THE BUS PASS ARE  
September 26TH at 3PM.**



# Club Days

**Jason Miller**  
Editor and Cheif

about EVERYTHING  
Laurentian has to offer. I want  
Lambda to be a medium to  
educate students how to get  
involved and who to contact.

On Thursday September 18th Laurentian University held their annual club days event. This event showcased all the various clubs around Laurentian University. One of the main reasons I decided to take on the role of Editor and Chief is to get all students involved in some extracurricular activities. My personal opinion why many students don't participate in extracurricular activities is that most students that attend Laurentian are not exposed to the many clubs/organizations Laurentian offers, or are unaware of how to get involved. Those excuses fuel my desire to notify all students

After talking to all the clubs that were present at Laurentian's club days, I was surprised how much diversity and options are available to students. Clubs varied from ethnic cultures, religion, hobbies, academic interests, sports, and common interests. There is a club out there for everyone! I encourage all the Lambda readers to see all the clubs accessible to you. University is what you make of it, you can waste your entire time here, or you could experience the time of your life, network, and have fun.

To the right there are all the clubs I talked to and all the contact information so you can get involved.



Students sign up for the various clubs Laurentian University has to offer



Members of the Music Club pose for a picture at Club Days



**Laurentian Kendo Club**  
-laurentian\_kendo@hotmail.com

**Karate Club**  
-karate@laurentia.ca  
-cfink@laurentian.ca

**First Response Team**  
-Allison Orr  
-aa\_orr@laurentian.ca

**Pride**  
-L228  
-pride@laurentian.ca

**Laurentian Music Association**  
-lumusic@hotmail.com  
\*Facebook Group\*

**Ultimate Frisbee**  
-jx\_fynn@laurentian.ca

**Boldering Club**  
-Go to the athletic banquet at the Ben Avery Building

**Outers Club** (5\$ membership)  
-outersclub@gmail.com

**Mountain Bike Club**  
-Andrew Laviollett  
-bikem\_06@hotmail.com

**Kayak Club**  
-kayak@laurentian.ca

**Laurentian Christian Fellowship**  
-lcf@laurentian.ca

**Spanish Club**  
-elclubhispano@laurentian.ca

**Italian Club**  
-lu\_Italian@laurentian.ca

**Inter professional health society**  
-lupremed.bravehost.com  
-mx\_abdulhusein@laurentian.ca

**Computer Science Club**  
-csc@laurentian.ca  
-csc.laurentian.ca

**HUCS**  
-Amanda  
-marty\_2001\_@hotmail.com

**LawLU**  
-lawlu@hotmail.com

**L.A.F.S.**  
-forensicsclub@laurentian.ca

**Biology Society**  
-biosoc@laurentian.ca

**Anthropology Society**  
-sx\_lmk@laurentian.ca

**Muslims Student Association**  
-aa\_donassi@laurentian.ca

**Geography Group**  
-md\_charron@laurentian.ca  
-\*Facebook Group\*

**English Society**  
-englishartsclub@gmail.com

**Chinese Society**  
-lucssa2008@gmail.com

**Laurentian University Political Science Association**  
-nouns@laurentian.ca  
-www.politicalscience.laurentian.ca

**History Society**  
-luhs@laurentian.ca

**WUSC**  
-Amber-Lee  
-ax\_carriene@laurentian.ca

**LU Coffee Club**  
-Student Center 8:30 – 5:00  
- 1\$ a cup

**LU Book Club**  
-lubookclub@gmail.com

**Frontier College**  
-Literacy Information/  
Tutoring  
-705-207-1508  
-slinington@frontiercollege.ca

**Laurentian Student Alumni**  
-alumni@laurentian.ca

If any clubs did not attend the Club Days, but want to get their contact information in Lambda please e-mail me at [lambda@laurentian.ca](mailto:lambda@laurentian.ca)



## Laurentian Radio



### Sudbury's Only Real Alternative Radio **CKLU 96.7FM**

#### current schedule

Country Cruise	Monday 7:30am
Let's Pertend	9:30am
Andy Travis' CKLU Top 30 Chart Countdown	11:00am
Open	2:00pm
City Spins (Local Music Show)	4:00pm
Open	5:00pm
The Learning Clinic (educational talk radio)	6:00pm
Restaurant At The End Of The Universe (Open)	8:00pm
non-sequitor radio	10:00pm
Rave Doug	12:00am

Country Cruise	Tuesday 7:30am
It's vinylly tuesday	9:30am
Maggie May Classic B-side Rock (Classic Rock)	10:30pm
Open	12:00pm
Barry Champlain 'Things To Do On A Tuesday Afternoon Show'	1:00pm
Famous Flava Reggae	4:00pm
Famous Flave Reggae	6:00pm
Artistry In Jazz (Jazz)	8:00pm
The Show	10:00pm
Open	12:00am

Open	Wednesday 9:30am
Monster A Go-Go (Open-Garage-Soul)	10:00am
Lunch With The Trinnie (Community Interviews)	12:00pm
Flow	2:00pm
Flow	3:00pm
Folk Rock	5:00pm
beeps squeeks and clicks (w/ electro Joel)	6:00pm
Audible Pornography	8:00pm
Night Fright	10:00pm
Open	12:00am

Country Cruise	Thursday 7:30am
Jazz	9:30am
Putamayo world music hour	11:30am
Green Majority	12:30pm
Radio Goethe (German Electronica) (Pre-Recorded)	1:30pm
Open	2:30pm
Cosmic Dave's 'LATE NIGHT' Radio Show, with your host Cosmic Dave	4:20pm
Hot Bunny Radio (Open)	6:00pm
Metal Corp. (Metal)	8:00pm
The Kayla Show	10:00pm
Open	12:00am

Reg's Recycled Records (Seniors)	Friday 7:30am
Peek at the Past (Seniors)	10:00am
Sounds for Seniors (Seniors-Swing-Jazz-Jive)	11:00pm
Music of your Life (Seniors)	1:00pm
Reg's Recycled Records/Trance room	2:00pm
Miller Time (Jason Miller)	3:00pm
My Pickin' Parlour (Guitar - Not Rock)	6:00pm
Artistry in Jazz (Jazz)	8:00pm
This Week in Braille (Experimental)	10:00pm

Open	Saturday 7:30am
And Now... (Open)	10:00am
Discorporate Rock Radio	12:00am
famous flava	2:00pm
famous flava	4:00pm
Village of the Darned (Open)	6:00pm
We Be Jammin' (Urban)	8:00pm
Rhythms Of Clublife (Trance/House)	10:00pm
Notes From The Underground (Urban)	12:00am

Slot Available	Sunday 7:30am
Sitting Back Pickin' (Open)	10:00am
Radio Polonia (Polish)	12:00pm
The Jig's Up (East-Coast - Celtic)	1:30pm
Vibrations of India (South Asian)	2:30pm
Open	4:00pm
Light Classics w/ Sig	6:00pm
La Revanche des Singes Volants (French)	8:00pm
Above The Waste (Metal)	10:00pm
The Nadine Show	12:00am

Interested in hosting or volunteering?  
Visit the station on the 3rd floor of the Student  
Centre, or check out <http://www.cklu.ca>

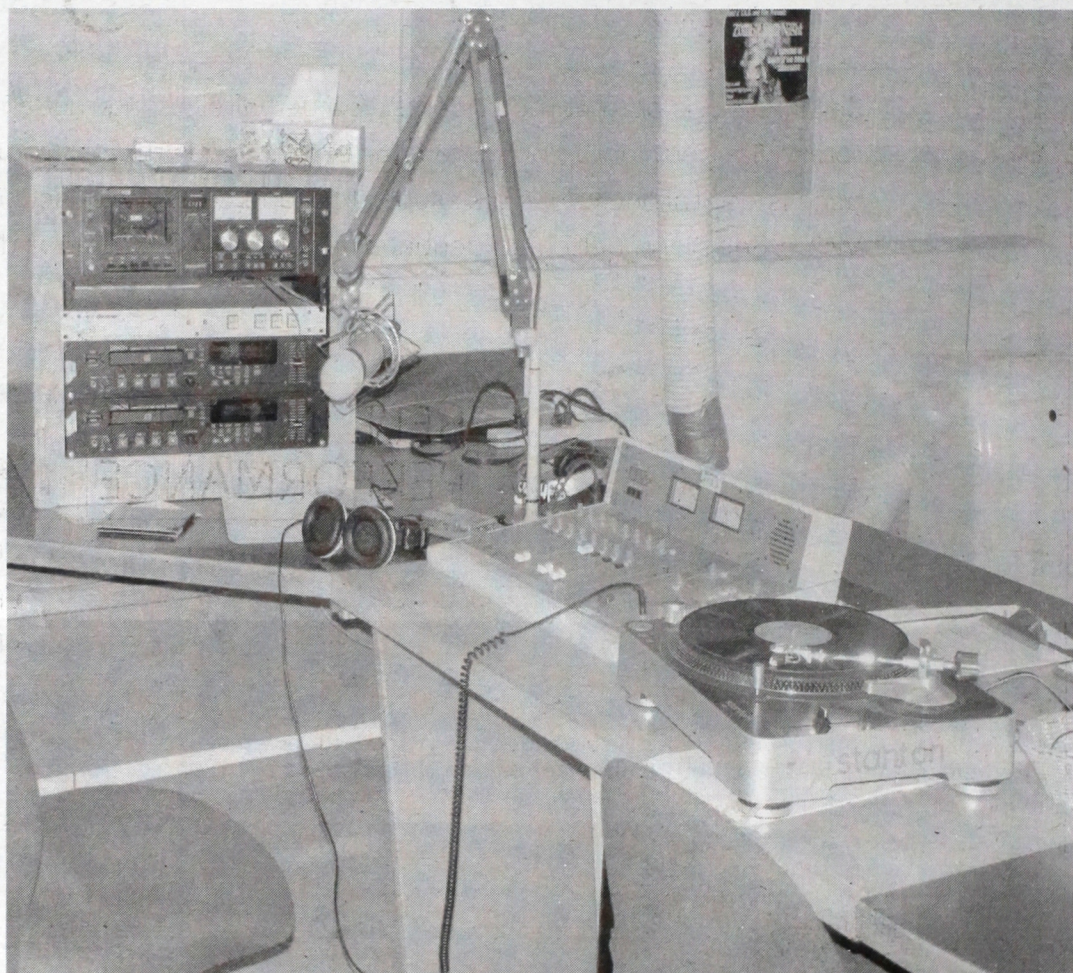
## CKLU News

Good-bye grunge: CKLU has a new logo! Or is it new? Some of you may remember seeing this before, because CKLU's original logo is back! First used in 1986, the "boy" in the design was inspired by a notoriously feisty Sudbury child named Tennis Almen.

Incidentally, his charms were widely recognized and he went on to cameo in various family sitcoms like Full House and even Rosanne! CKLU is pleased to announce that both Tennis and his legacy are back and here to stay. Returning to Sudbury this summer

from a 15-year hiatus in L.A., Tennis is now the Director of Sales and Promotions at CKLU. And in this short time, he has already brought his professional expertise to the station and initiated real creative developments. Tennis has spearheaded CKLU's new radio sponsorship option, and is also both the founder and instructor of CKLU's new Radio Workshops for Kids starting later this fall. He will also be organizing CKLU's most sensational fundraiser ever, scheduled for December.

### CKLU 96.7 Listen Online today!



**WWW.CKLU.CA**



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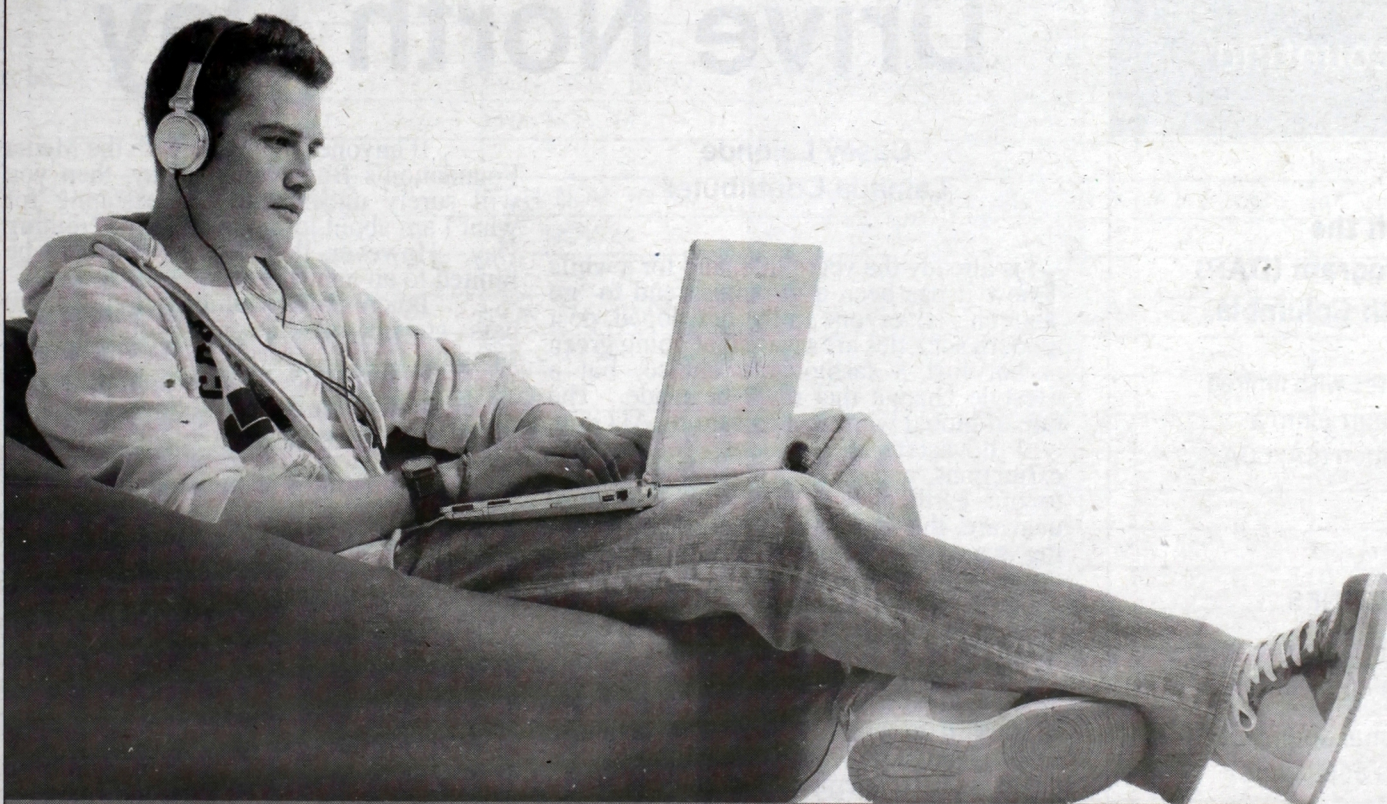
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# Want to be part of Safe Ride?

**KarenDeMartin**  
Safe Ride Coordinator

Hello, my name is Karen DeMartin, and I am the coordinator for the Safe Ride program here at Laurentian University. For over a decade this program was called Walkhome, but the name caused a lot of confusion regarding what type of service you would receive when you called our number, so we decided to change it to



something that was better suited to what we do. Safe Ride is a service that provides transportation for all students, staff and faculty, to and from any location on campus, after 6:30pm every evening. It usually takes 2 to 4 weeks to get it up and running because we rely 100% on volunteers to drive the shuttle van. All volunteers must be screened for a criminal record checks, and then given a quick training session. Our biggest challenge every year is getting enough volunteers. This is largely due to the fact that most people think you have to do a certain number of shifts every week, or each month. I would like to take this opportunity to clear up a few misconceptions that may

be holding a few of you back. While trying to recruit new volunteers these are some of the statements I hear repeatedly.

1) I don't have much time. Just doing 1 shift a month makes a difference. The shifts are three or four hours maximum; if everyone does just a little we can accomplish a lot.

2) I don't have a drivers license so I can't volunteer. We only need one person to do the driving, but we do need two volunteers in the vehicle at all times, one male and one female. You don't need a license to be the volunteer passenger.

3) I live off campus and take the bus to school. Safe ride runs to late for me to be able to catch a bus if I volunteer. Our first shift runs from 6:30 pm to 9:30 pm on Mon., Tues., Thurs. Fri. and Sun. This gives you plenty of time to catch that bus.

4) I'm here to get an education so I can get better employment opportunities, and Safe Ride isn't going to help me. Most employers today are looking for people who are community oriented and they like to see applicants who put volunteer work on their resumes as it often indicates that you will have certain job skills they are looking for. People who do volunteer work have good people skills, are able to manage their time effectively, work well with a group, show they are willing to go the

extra mile to get things done. It says a lot about who you are as a person. Volunteering for Safe Ride looks terrific on your resume and therefore could help you get that job you really want.

5) What's in it for me? Well for those of you who don't think that it's enough to just take pride in participating in something that could have a very positive effect for everyone within the University, there are a few perks for becoming a volunteer. Anytime you do a shift you will receive 2 free snacks and a juice, water or soda. We also do draws for gift cards at our monthly meetings, where there is more free food. The meetings are not mandatory, and if your name is pulled for a prize but you are not present I will contact you to collect your prize.

This year I will be giving away 2 Nintendo Wii systems complete with Sports Package, there will be one given away at the end of each semester. Every time you do a shift you will get ballots towards the monthly draws. If your name is drawn for a prize at one of the monthly meetings, the ballot will be returned to the pool for the draw for the Nintendo system at the end of the semester so you could win twice on just one ballot. The number of ballots you receive for each shift is based on what day and time you are doing a shift. Sunday, Monday, Tuesday, Thursday and Friday nights early shifts (6:30 pm to 9:30pm) is 3 ballots per shift. Those same nights the late shift (9:30 pm to 12:30 am) are 4 ballots per shift.

Wednesdays and Saturdays the early shifts (6:30 pm to 10:30 pm) will get you 5 ballots per shift and the late shift for these nights (10:30 pm to 2:30 am) brings in a whooping 6 ballots per shift!

Well have I stirred your interest yet? I really hope so because we are in dire need of volunteers. Applications are available now at the SGA office, at all residences here on campus and at the parking kiosk in lot #4 (just outside the center doors to the Arts building, near the Sudbury Transit bus shelter) Monday through Friday 8am to 3pm. If you have any questions or need more information you can call me at 675-1151 ext. 4890 and leave a message or call me direct Mon - Fri. 8am to 3:30pm at 920-1437. We also have an e-mail address

[saferide@laurentian.ca](mailto:saferide@laurentian.ca)

Join us and help make this program a success. Walking around on campus at night can be a safety concern, but it's not just about safety. The winters here can be brutal, with frigid cold temperatures, and we do have more than a few furry four legged creatures roaming around out there; although we can all take precautions to help protect ourselves from these things, having a program like Safe Ride running make things so much easier for everybody.

If you're thinking about joining us don't wait because the thing I hear the most is "I meant to sign up but I just never got around to it!" Good intentions are nice but they just don't keep people safe, warm or dry!!



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# Drive North Day

**Casey Lalonde**  
Lambda Contributor

It is already the year 2008, and for a while now it has been a growing trend to 'go green'. Everyone in the developed, post modern societies are aware that going green is not just a fashionable choice, but a lifestyle change that must be made. The rate of global warming, as said by Al Gore, will devastate our oceans, cause mass extinctions, and cause irreversible changes to our earth as we know it. For those unaware, the major threat of global warming is the polar ice caps melting and breaking up into the ocean. If this happens, the geography of the world will forever be altered; the modern way of living will cease to exist.

Scientists have been working on alternatives to fossil fuels and have been successful in such. Along with cellulose fuel, Changing World Technologies has developed a generator that can transform any form of waste into fuel. However, such technology is decades ahead of us, thus making this an unlikely solution to our current problem. The answer lies within the problem.

Improving the efficiency of your home, appliances, consumer choices, and vehicle are all great steps to fight the pandemic of pollution. However, more effort must be done if we want to see a change in carbon-dioxide levels in the atmosphere. The effort is actually no effort at all, as it requires doing nothing what so ever. Imagine if everyone made a significant contribution to the betterment of our planet and a reduction in green house gasses by taking one day a week to relax.

If anyone is familiar with the Media Foundation's Buy Nothing Day, then you will surely understand the reasoning for what I am about to propose: Drive Nothing Day. However, this does not have to be limited to an annual event.

Imagine if in your city alone 10 000 cars stayed off the road on Sunday. Imagine this in every city in the world. Imagine the change in atmospheric levels of carbon-dioxide soon to follow. Let us, as gifted and privileged individuals limit ourselves to what we need, rather than abuse oil like it is a drug - using it too much in the wrong ways.

Sunday used to be a time of personal reflection, family gatherings, and religious observation. Such day's were free from shopping trips, errands, and the twenty-four hour, seven day a week commodity overload we are currently faced with. We are not giving up or sacrificing - we are simply taking back Sunday.

This does not have to be an official event, nor does it have to be marked on a calendar. Let us, the Faculty and Students of Laurentian, and residents of the Greater City of Sudbury do our part to help the pandemic before life as we know it comes to a halting end. Let us take back our day or rest and live in impeccability with ourselves, our planet, and our peers. Let us make a new agreement to be impeccable with our privileges, and end the unnecessary suicidal consumer binge that is the direct cause for global warming (better yet, let's get this going before David Suzuki visits us on November 1st). Let us all participate by not participating, so we can see a greener, healthier future for our children and theirs to come. Let us stop destroying our Earth, our one home and Mother of us all.



Intramurals 2008 - 2009

SPORT	REGISTRATION DATES	EVENT DATE(S)	TIME	SITE	TEAM CAPTAINS' MEETINGS
BEACH VOLLEYBALL #1 [COED]	MON. SEPT. 8 TO	FRI. SEPT. 19	2PM - 6PM	LU COURTS	TUES. SEPT.16
LIMIT - 12 TEAMS, \$20/team	FRI. SEPT 12	NON COMPETITIVE			
BEACH VOLLEYBALL #2 [COED]	MON. SEPT. 8 TO	FRI. SEPT. 26	2PM - 6PM	LU COURTS	TUES. SEPT.16
LIMIT - 12 TEAMS, \$20/team	FRI. SEPT 12	COMPETITIVE			
ULTIMATE FRISBEE (COED)	MON. SEPT. 8 TO	SAT&SUN SEPT 20,21	10AM- 6PM	LU FIELDS	TUES.SEPT.16
LIMIT 8 TEAMS, \$20/TEAM	FRI. SEPT 12	NO RAIN DATE			
MODIFIED 4X4 VOLLEYBALL	MON. SEPT. 8 TO	SEPT. 17 - OCT. 29	9PM - MIDNIGHT	BEN AVERY BUILDING	TUES. SEPT.16
LIMIT 24 TEAMS, \$4/person	FRI. SEPT 12	MON. AND WED.		GYM	
OUTDOOR SOCCER [COED]	MON. SEPT. 15 TO	SAT&SUN SEPT. 27,28	10AM - 6PM	LU FIELDS	TUES. SEPT. 23
LIMIT - 20 TEAMS, \$20/team	FRI. SEPT 19	NO RAIN DATE			
Competitive / Noncompetitive					
BASKETBALL [WOMEN'S]	MON. SEPT. 15 TO	SEPT. 25 - NOV. 20	9PM - MIDNIGHT	BEN AVERY BUILDING	TUES. SEPT. 23
LIMIT - 16 TEAMS, \$20/team	MON. SEPT 22	TUES. AND THURS.		GYM	
BASKETBALL [MEN'S]	MON. SEPT. 15 TO	SEPT. 25 - NOV. 20	9PM - MIDNIGHT	BEN AVERY BUILDING	TUES. SEPT. 23
LIMIT - 16 TEAMS, \$20/team	MON. SEPT 22	TUES. AND THURS.		ALPHONSE RAYMOND	
PICKLE BALL (CO-ED)	TUES. OCT. 7 TO	NOV. 3 - NOV 12	9PM- MIDNIGHT	BEN AVERY BUILDING	WED. OCT 29
LIMIT 16 TEAMS, N/C	TUES. OCT. 14	MON. AND WED.		GYM	
INNERTUBE WATERPOLO (CO-ED)	TUES. OCT. 7 TO	FRIDAYS	1pm to 3:30pm	LU POOL	WED. OCT 29
LIMIT 8 TEAMS, \$20/TEAM	TUES. OCT. 14	NOV. 7, 14 & 21			

SPORT	REGISTRATION DATES	EVENT DATE(S)	TIME	SITE	TEAM CAPTAINS' MEETINGS
INDOOR SOCCER [COED]	MON. NOV 10 TO	JAN 5- JAN 29	9PM - MIDNIGHT	BEN AVERY BUILDING	WED. NOV. 19
LIMIT - 24 TEAMS, \$20/team	FRI. NOV. 14	MON. TO THURS.			
Competitive / Noncompetitive					
KORF BALL (COED)	MON. NOV 10 TO	SATURDAY JAN. 31	9am to 4pm	BEN AVERY BUILDING	WED. NOV. 19
LIMIT - 8 TEAMS, \$20/team	FRI. NOV. 14				
Wilderness SNOW SHOEING	MON. NOV 10 TO	FRIDAYS JAN. 16, & 23	1:30pm to 3:30pm	LU Outdoor Centre	WED. NOV. 19
LIMIT - 24 PEOPLE, \$2/person	FRI. NOV. 14				
3X3 BASKETBALL [COED]	MON. JAN 12 TO	MON. FEB 2	9PM - 1AM	BEN AVERY BUILDING	WED. JAN 21
LIMIT - 8 TEAMS, \$5/player	FRI. JAN 16			Gym	
3X3 BASKETBALL [MEN'S]	MON. JAN 12 TO	WED. FEB 4	9PM - 1AM	BEN AVERY BUILDING	WED. JAN 21
LIMIT - 8 TEAMS, \$5/player	FRI. JAN 16			Gym	
3X3 BASKETBALL [WOMEN'S]	MON. JAN 12 TO	MON. FEB 9	9PM - 1AM	BEN AVERY BUILDING	WED. JAN 21
LIMIT - 8 TEAMS, \$5/player	FRI. JAN 16			Gym	
VOLLEYBALL [COED]	MON. JAN 12 TO	FEB 3 TO MARCH 26	9PM - MIDNIGHT	BEN AVERY BUILDING	WED. JAN 28
LIMIT - 36 TEAMS, \$20/team	FRI. JAN 16	TUES. AND THURS.		ALPHONSE RAYMOND	
Competitive / Semicomp/ Recreational					
DOUBLES BADMINTON [COED]	MON. FEB 2 TO	FEB 23 TO MARCH 25	9PM- MIDNIGHT	BEN AVERY BUILDING	WED. FEB 11
LIMIT - 24 TEAMS, \$4/team	FRI. FEB. 6	MON. AND WED.		Gym	

Changes to this schedule will be printed in future issues of Lambda, as well as on the Laurentian website.

Information about these and other events will be available in the Ben Avery Gym - drop by and check it out!



## LU GOLF TEAM GETS TWO NEW TEAM MEMBERS

The Laurentian golf team try-outs took place this past weekend at the Idywyld Golf and Country Club with the two day event was cut short on the second day due to inclement weather. Seven players teed off for qualifying with three rookies and four returnees in the field. As expected all returning players made the team including John Atherton, Matt Bortolotto, Yves Fraser, and Max Kallio while Matt Doherty and Shawn Lahaie played their way into the final two spots on the team

Atherton, a native of Toronto, continued his strong play from the summer by shooting 75 on day one and 58 through 14 on day two. This will be Atherton's third year on the golf team but the first as a captain.

Bortolotto, a native of Sudbury, Ontario, was competing in his club championships this weekend and was a coach's pick for this year's team. He played well in his club championships by making it to the semi-finals only to lose in extra holes. His performance this weekend makes him more then worthy to be a returning member.

Fraser, a native of Sudbury, was also competing in the club championship at the Idywyld during the past weekend. Fraser earned another one of the three coach's picks

with his performance. His impressive score of 75 still came up short as he lost on the second extra hole in the first round.

Kallio, a native Lively, Ontario, will be entering his fourth year on the team after finishing in second in the try-outs. Kallio did not have his best the first day, shooting 85, but played better the second day with a 62 through 14 on the second day.

Doherty, a native of North Bay, Ontario, is a second year student but one of the two rookies joining the team this year. A score of 85 on day one and 66 through 14 on day two were not his best but good enough to make the team. Doherty also won the junior invitational at the Idywyld this past summer with a score of 74.

Lahaie, a native of Alban, Ontario, is also a second year student at Laurentian and is the final member of the golf team. A score of 82 on day one and 63 through 14 on day two gave him third place in the try-outs.

The LU golf team will be practicing hard until they head out to their first tournament on October 4th for the Waterloo Invitational.

## LADY VEES DOMINANT IN 1-0 WIN OVER PALADINS

The Laurentian Lady Vees topped the RMC Paladins 1-0 in the third annual Jamieson Natural Kick for the Cure on Saturday. Lisa Watson notched her first career goal in the blue and gold while Meghan Hoffberg backstopped the Lady Vees to their first win of the season.

Laurentian came out of the gates flying wearing their pink jerseys in support of breast cancer research. Early pressure forced the Paladins back on their heels, and Watson (Newmarket, Ont.) found the back of the net in the 13th minute on Laurentian's fifth shot of the match. Watson rushed down the right side beating her defender, deked around the goalie before firing the ball into the yawning net. It was the first goal of Watson's young university career.

In the second half the Lady Vees continued to keep momentum on their side. They dominated ball possession and kept creating chances for themselves. Watson, Leanne Adams (Mississauga, Ont.) and Corrine Kandravay (Ottawa) all had multiple chances to add to the Laurentian lead.



Jason Miller

Members of the Lady Vees Soccer team wear the pink Jerseys in support of breast cancer

RMC goalkeeper Erica Pessotto (Milton, Ont.) was the busiest player on the field making 19 saves on the day. Hoffberg (Brampton, Ont.) recorded her first shutout of the season, making four saves as the Lady Vees got into the win column. With the win, the Lady Vees move to 3-0-0 all time in Kick for the Cure games where they don their pink uniforms.

"The girls dominated the game, and it was nice to see" said Rob Gallo, the Lady Vees bench boss. "We created a lot of opportunities and that's what I like."

## HAWKS BEAT VOYAGEURS LACROSSE 8-5, TO COMPLETE WEEKEND SWEEP

The Laurentian Voyageurs Lacrosse team was defeated by the Laurier Golden Hawks, 8-5 Sunday morning. It was the second game of the weekend double header, as the Voyageurs were looking to bounce back from a devastating sudden death overtime loss, late yesterday. Voyageurs, Kevin Bowles lead the team with two goals, while Derrick Gordon, Casey Swan, and Mike Holder each added singles.

The first quarter began with even possession from both teams, as they battled up and down the field. Laurentian opened the scoring with a goal from Gordon (Barrie, Ont) early in the first quarter. The Golden Hawks countered the early goal with one of their own from, Allan Downey. However,

Laurentian's Swann (Peterborough, Ont) was able to squeeze in another, late in the quarter, to put the Voyageurs up 2-1.

As the game continued into the second quarter, the



Jason Miller

Voyageurs Lacrosse rest during half-time vs Laurier on September 19th



Jason Miller

Two players fight for the ball during the Lacrosse game vs Laurier on September 19th

Golden Hawks took control of the game, leading the majority of possession. Laurentian went scoreless in the frame; while Laurier tallied four goals, taking a 5-2 lead into the second half.

The third quarter began much like the first, with even

too little too late, as Laurier finalized the game with two goals in the last quarter. The Golden Hawks, Lun finished the day with the hat-trick, as Laurier sailed to victory with a final score of 8-5.

"I am happy with the way we played in the second half" said Voyageurs head coach George Sheppard. "The team gelled in the second half. When they start to think about the way they need to

play, they can do it."

The Voyageurs are back in action next week, hosting another weekend double header this time versus the Western Mustangs. The first game is scheduled on September 20th at 5 p.m. while following game will be played Sunday at noon. Both games will take place on the Laurentian Stadium field.

## Attawapiskat River Expedition Film and Presentation 2008

You are invited to join Laurentian's 4th year Outdoor Adventure Leadership students as they recount their 15 Day Journey on the Attawapiskat River.

Watch as they arrive by plane, paddle ice covered lakes, paddle whitewater, see bald eagles overhead, and arrive at James Bay to visit a Northern community unlike anywhere in Canada.

When: Thursday October 9, 2008

Time: 7-9pm

Where: Alphonse Raymond Building E-125

Cost: FREE

Pizza and pop for sale to support next year's expedition.





# Video game nerd goes inside the huddle

One reporter's stint at training camp with the UBC Thunderbirds football team

**Celestian Rince**  
**The Ubysey (University of British Columbia)**

Back in April, when my friends suggested I try out for the football team for a story, I thought it was a joke.

For starters, I wear glasses. Not contacts, but glasses. I'm five feet seven inches tall, and I weigh about 30 pounds less than the average Canadian woman. To put it in perspective, the average University of British Columbia football player stands a full six feet and weighs 220 pounds, according to assistant coach Dino Geremia. So as I said, I thought it was a joke. Thus, I may have laughed, and I may have said something to the effect of: "Sure, that sounds like fun."

So I was somewhat shocked a few months later when I found my colleagues had indeed put forward my name to Ted Goveia, the Thunderbirds' head coach. They had set up a meeting and the plan was going ahead.

We had decided to write a story about the football team; one of us would attend training camp and write about the experience from the inside. I was to be that lucky chosen one, it seemed.

I tried to tell myself that it wouldn't be as bad as I feared. I imagined a montage of running through tires, throwing a ball, and huddling around the quarterback. It might actually be fun, I thought.

That lasted until I got fitted for pads. This process, normally 30 to 45 minutes, took me an hour and a half. The shoulder pads and pants weren't so bad, just difficult to put on. It was the helmet that really got me. Veteran football players can put a helmet on and take it off with the same ease an average person might slip on a baseball cap. I, on the other hand, was not a veteran football player. Putting it on hurt, and when I took it off it felt like my ears went with it.

The experience made me even

more nervous. I told coach Goveia about my fears.

"You should be scared," he told me. "It's normal and to be expected."

Given that I had never played football in my life, I decided I should get some practice in before training camp. I made an appointment with Assistant Coach Kevin MacNeil for a short session. I arrived at the stadium and suited up — after some difficulty. The coach instructed me to run to the end of the field and come back. I did so.

Then he told me to do it again. And again.

We moved on to basic drills, like cutting (making sharp turns), passing, and catching. After a while, he announced that was enough for the day — the most welcomed news I had heard in a long time.

"How . . . how many hours was that?" I asked. He chuckled and showed me his watch; the whole session took a little over 30 minutes.

[SUB] Boot Camp

The team's training camp kicked off on a Friday afternoon with a meeting between all the coaches and prospective players. Everyone filed into the room amongst playful punches, backslaps, and raucous but friendly joking. Feeling dwarfed by the other players, I made a mental note of the exits just in case a good-natured brawl broke out.

Coach Goveia introduced himself and the other coaches, then made a speech about the team. He spoke about the importance of respecting the team as a whole and each other as individuals and of the importance of discipline and punctuality. Each player represents everyone that ever was a Thunderbird. The team carries the torch of a long and proud tradition.

It's a tradition that's rooted more in the past than the present though. After a 15-year span in the '80s and '90s where UBC won three national championships, the program has fallen on hard times, having won only a single playoff game this decade. Goveia's long-term job is to transform

this team back into a national powerhouse, one that will contend for national championships and recruit top prospects from across the country.

Today though, his job is merely to inspire, to make these players believe the next three months of total dedication and sacrifice will be worth it.

His speech was effective, despite the fact that I had no history of playing or even liking football. I realized that a team needs to believe in itself to be strong.

After the introductory meeting, we headed out for dinner. The team and I filed into the cafeteria under the watchful eye of a staff member. "You're with the football team?" she asked. "Yes," I replied, miffed. The food selection and quality was better than I expected, though I shouldn't have been surprised. Good diet is important for athletes, and the players ate all kinds of good diet that day.

After a hearty meal, we went back to the stadium. The team broke up into squads for a short pre-practice meeting. I was to be a wide receiver, as coach Goveia and I agreed I probably would not be able to stop a 250-pound charging linebacker (a useful quality for an offensive lineman).

Goveia looked at me and suggested I introduce myself. I gulped and stood up.

"I've never played football in my life," I began. Laughter filled the room. It grew louder when I told them how much I weighed. I waited patiently for it to die down, and then explained my mission.

Far from being annoyed that a reporter had infiltrated their territory, they seemed pleased with my presence. "We could use the publicity," someone said. They slapped me on the back and wished me luck. "You're going to need it dude. I'd be scared if I was you."

Friday's practice started with an extensive set of stretches to limber-up, then proceeded with the shuttle test. This consisted of sprinting 25 yards forward, and then back the same distance — six times, for a

total of 300 yards. The target time depended on one's position, but in most cases was a little over a minute. Three hundred yards is not very long, so I made a point of running as fast as I could, and easily made the target time.

I turned to a player beside me: "That wasn't so hard."

"Yeah, just three more to go," he replied. Needless to say, my fourth 300-yard dash was not nearly as fast as my first, and I may or may not have hyperventilated. I did, however, complete it without passing out, though it was touch-and-go for a while.

We did some basic running and passing drills next. After dropping several balls, I caught one, and received cheers from my teammates. I knew that it wasn't really an accomplishment, but I was proud just the same.

The drills went for a while; I wondered how they could stand this day after day. Then I remembered how I would happily spend hours repetitively slaying monsters to get stronger in a video game. Fundamentally, there wasn't much difference between the two.

Saturday training camp ran 8 a.m. to 8 p.m. This was pretty early for me, so I was a little out of it during the pre-practice meeting. But my state of mind wouldn't have made much of a difference; the coach used so much football terminology that he may as well have been speaking in another language.

There are 11 players on the field, each with a specific role and a specific set of tasks they must execute every play. If one player misses a block, zigs when he is supposed to zag, or isn't fully ready to move when the ball is snapped, the play could end in disaster for the entire team. Football players may be known for their strength, speed, and brute athleticism, but I soon realized that the amount of mental preparation needed for just a single game would put many engineering majors to shame. On that day, I experienced the joy of being tackled. The ball

came to me, I planted my feet, caught it, and then a simple push sent me rolling on the ground. (That particular sequence was caught on video, so I can relive those moments again and again.)

[SUB] Honourable Discharge I discovered many things about the football team. There is a tradition where at meals during training camp, all rookies would introduce themselves and say something to amuse the rest of the team — tell a story or a joke, or sing, or something. This was quite amusing, but not nearly as much as another of the team's fine traditions.

Every rookie is paired with a team veteran, and it's common for that veteran to hand down orders. I read one note from a veteran instructing his rookie to, among other things, "compose a love poem for [his] girlfriend daily."

After practice one day I tried the ice tubs, which are tubs of freezing water. If you sit in one, your muscles will heal faster and you'll be less sore the next day. That's the theory, anyway. Someone advised me to "just wait a minute, and you lose all feelings in your legs. It's not so bad then." I was not able to follow through. I entered the ice tub and got out 30 seconds later. Witnesses claim I was screaming.

Football is physically demanding like the sun is hot. Training camp lasts for two weeks, but three days was enough of a taste for me. My muscles were sore and aching by the second day, and remained that way for a full week afterward. At the end of one practice, I was shocked to discover that we were to do a series of push-ups and sit-ups. The other players took this in stride.

At the end of my last practice, the coach announced to the rest of the players that I was leaving. The team huddled around me and laid their hands around mine.

Alright guys, my name on three," I said. "3-2-1, CEL!" And eighty voices echoed that single syllable in a resounding cheer.

## LAURENTIAN VOYAGEURS AND RMC PALADINS BATTLE TO A SCORELESS DRAW

The Laurentian Voyageurs came away with a 0-0 draw against the RMC Paladins Saturday afternoon at the Laurentian Soccer field. The Voyageurs keeper Scott

Cliff and RMC's keeper Jeremy Whalen made numerous saves to secure their shutouts.

Throughout the first half, pos-

session remained relatively even. Scott Cliff (Sudbury, Ont) made four saves while the opposing keeper, Whalen (Halifax) stopped six of the Voyageurs shots. One of the best scoring chances came in the 40th minute when Laurentian's David Hysen (Sudbury) drilled the ball towards the net beating Whalen, only to be stopped by RMC's defenseman, Jardran Kani-Ostos (Kingston, Ont).

The momentum of the game picked up in the beginning of the second half. Both teams took their turns controlling the play. In the 70th minute, Cliff made a diving save to deny RMC's Adam Masood's (Mississauga, Ont) shot on the net. Shortly after, play was halted due to an injured Paladin player, in the 78th minute. After a lengthy delay, RMC's midfielder Landon Zeeman (Cambridge, Ont), took a penalty kick just out-



Jason Miller

**Laurentian Voyageurs soccer shields the ball away from RMC during the first half of play**

side of the 18 yard box. Cliff made an amazing save to keep the game scoreless.

"We battled, we tried hard and we got a point and hopefully we can double that tomorrow," said Voyageurs head coach, Carlo

Castrechiano.

Tomorrow, Sunday September 14th, Laurentian will host Queen's Golden Gaels. The game is scheduled for 12 p.m. on the Laurentian Soccer field.



Jason Miller

**Laurentian Voyageurs soccer battles against Paladins on September 19th**





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**JOIN CANADA'S MOST RELIABLE WIRELESS NETWORK<sup>3</sup>**

**ROGERS**

Offer ends November 3, 2008. 1 Offer available exclusively for high-school or post-secondary school students; valid student identification required. Unlimited local calls, text, picture and video messages applicable to the 10 phone numbers designated on the MY10 list. Long distance, text to landline and roaming charges are extra where applicable. MY10 terms of service: Only 10-digit Canadian-based phone numbers are eligible for the MY10 service. Customers' own Rogers Wireless phone number, voice mail retrieval number and special numbers such as 1-800/1-900 are not accepted. One MY10 update per calendar month is allowed via rogers.com or Rogers Customer Care or on select phones. No credit applied for numbers entered incorrectly. Excludes premium messages (roaming, international, MSN alerts and promotions). 2 A \$6.95 monthly System Access Fee (non-government fee), a monthly 50¢ 911 Emergency Access Fee and a one-time \$35 Activation Fee apply in addition to the monthly service fee. Local airtime over the allotted monthly minutes in the plan, long distance and roaming charges and any additional service options selected and applicable taxes are extra and are also billed monthly. Pricing is based on subscription to a 3-year term service agreement. Early cancellation fees apply. 3 Most reliable network claim refers to call clarity and dropped calls test results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless GSM footprint, comparing voice services of major wireless providers. 4 Trademarks of Rogers Communications Inc. used under license, or of Rogers Wireless. All other brand names and logos are trademarks of their respective owners. © 2008 Rogers Wireless.